

Power for Living (Fuerza para vivir)

- He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. Isaiah 40:29-31
- Finally, be strong in the Lord and in His mighty power. Put on the armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Ephesians 6:10-12
- When I kept silent, my bones wasted away through my groaning all day long. For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. Then I acknowledge my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions my sin to you and did not cover up my iniquity. I said, "I will confess my transgressions to the Lord"—and you forgave the guilt of my sin. Psalm 32:3-5
- So I say, live by the Spirit, and you will not gratify the desires of the sinful nature. Those who belong to Christ Jesus have crucified the sinful nature with its passions and desires. Since we live by the Spirit, let us keep in step with the Spirit. Galatians 5:16, 24-25